

D3 Hunt Seat Equitation Checklist 2024

Instructor should only sign when the candidate can consistently perform the “Riding Expectations” while performing the skills in each box.

RIDING EXPECTATIONS: Candidate should ride in a hunter seat equitation position with control at the walk, trot, and canter. Candidate should demonstrate a secure base of support while developing balance and a steady position on the flat and over fences. Fences 2’3”. These Expectations are applied to each block of the test.

On the Flat

Topic	Sign and Date
<ul style="list-style-type: none">• Demonstrate correct mounting using mounting block if necessary.• Adjust stirrups and girth with feet in the stirrups while mounted at the halt.• Discuss reasons for adjusting stirrups for different types of work.	
<ul style="list-style-type: none">• Perform balancing and suppling exercises for rider at walk and trot.• Demonstrate mount’s warm-up routine for everyday work.• Ride mount at walk, rising trot with correct diagonals, sitting trot, canter with correct leads, demonstrating circles with correct bend in both directions.	
<ul style="list-style-type: none">• Ride without stirrups at the RISING trot	
<ul style="list-style-type: none">• Ride a figure eight at trot, demonstrating change of diagonals.• Demonstrate an increase and decrease of speed at walk and trot.• Demonstrate a halt followed by a simple step back.	
<ul style="list-style-type: none">• Discuss performance to include: the effectiveness of rider’s position, correct use of natural aids, and roundness of circles.	

Over Fences

Topic	Sign and Date
<ul style="list-style-type: none">• Ride over small gymnastic grid of trot poles followed by a cross rail, then a vertical set at, but not exceeding, 2’3” and set at appropriate distances for mount’s stride. (Adjust for individual mounts).	
<ul style="list-style-type: none">• Ride a jumping course of 8 obstacles to include 2 changes of direction, 2 ramped oxers (stationery ground lines), with a majority of fences set at, but not exceeding, 2’3”.	
<ul style="list-style-type: none">• Discuss performance to include reasons for any problems or disobediences.	
<ul style="list-style-type: none">• Ride safely with a group at the walk and trot outside of the ring.• Discuss performance including ways to control mount outside the ring.	